

# Pinewood Country Club Summer Camps

## SCIENCE SPECTACULAR

May 29-June 1 9:30am-11:00am Ages 7-14 \$90

The 2018 Science Camp Spectacular will include many new activities, as well as many of the camper's favorite activities from years past. Mr. and Mrs. Jones will be back with hands-on exciting activities to engage kids and peak interest in sciences. Get ready for a fun and educational experience! Included each day will be a snack and a drink.



## MARTIAL ARTS/SELF DEFENSE

June 4-7 10:30am-12:00pm Ages 7-14 \$90

Adam Genga has studied several different styles of martial arts. He is a certified instructor in Ip Man Wing Chun. He is currently pursuing certification in 5 other styles of Kung Fu, including Southern Tiger Crane, Northern Long Fist, Buddha Palm, Bagua, and Wu Dang Thai Chi. The class will be on practical self defense for kids. We will have a fitness component, a theory component, and an application component. Kids will learn respect, discipline, and how to defend themselves from attacks. Whether it is to defend oneself from a peer or from an adult attacker.



## RECREATIONAL SPORTS

June 4-7 9:00am-10:30am Ages 6-14 \$90

This camp is taught by Tracy Consolian, who is an adapted physical education teacher, with twenty-five years of experience teaching in the Paradise Valley Unified School District. This camp is designed with the sole focus of having FUN for kids 1st grade through 8th grade. The games the children will learn and play can easily be played with friends after school, during recess or even at the rec. center on their own during the summer. These games are cooperative in nature and allow the kids to work on specific sport skills, while being involved in fun spirited games that enhance their self-esteem, body awareness, and sportsmanship. Some of the fun games that will possibly be played could be Pac-Man, Battleship, Wreck-It- Ralph/Fix-it Felix, Star Wars Hockey, Chicken Launch, Islands, varied tag games and several lead up games for specified team sports.



## YOGA 4 YOUTH

June 11-14 9:00am-10:30am Ages 5-12 \$90

Yoga 4 Youth is a fun and invigorating class for kids ages 5-12. A variety of poses, meditations and breathing techniques will be taught. This week will provide kids the opportunity to improve flexibility, strength and mindfulness in a warm, inviting and playful atmosphere. Nancy Gutierrez is a certified yoga instructor and kids yoga instructor. She teaches yoga for kids and adults in Tucson and believes that yoga benefits people of all ages and abilities. She is very excited to bring her program to Munds Park!

Kids Yoga



## **DANCE**

June 11-14 10:30am-12:00pm Ages 6-13 \$90

Jennifer Moore is an instructor at Bender Performing Arts and is bringing her expertise to Pinewood Country Club. Dance Camp allows its members to experience the wonder of dance and the joy of performing. Students are exposed to different styles of dance from ballet to theater, hip-hop, and jazz. They will learn to see dance as an art, a way of expression.



## **BASEBALL/SOFTBALL**

June 11-14 5:30-7:00pm Ages 6-13 \$90

David Moore is the Horizon High School 4-time 5A State Champion hitting and catching is dedicated to providing youth with quality baseball and softball instruction in a positive and fun environment. David's pledge is to instill the mechanics and techniques of baseball and softball, develop abilities, all in an atmosphere of teamwork and sportsmanship.



## **SCUBA**

June 18-22 1-2:30pm and 2:30-4:00pm Ages 8-14 \$160 Limit 4 campers per session Summit Divers of Flagstaff will offer two sessions of introduction to SCUBA with four campers during each hour and a half session. This is an incredible opportunity for kids to be exposed to a sport that they can enjoy for a lifetime. Every dive is an adventure!

## **SNORKELING**

June 18-22 12:00-1:00pm Ages 5-14 \$75

Summit Divers of Flagstaff is offering campers a chance to learn about proper snorkeling techniques and how to care for their equipment.



## **INTRO TO STEM USING LEGO**

June 18-22 9am-12pm Ages 4-6 \$130

Gear up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Forklifts, Houseboats, Mini Golf Courses, and the London Tower Bridge Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

## **STEM CHALLENGE USING LEGO**

June 18-22 1pm-4pm Ages 7-12 \$130

Give your imagination a boost with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Cities, Garbage Trucks, Catamarans, and Dinosaurs. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.



## **SOCCER**

June 25-29 \$90

Ages 2-3 9:00-9:45am, Ages 4-6 10:00-10:45am, Ages 7-8 11:00-12:00pm, Ages 9-11 12:00-1:00pm, Ages 12-16 1:00-2:00pm

Pinewood Country Club is proud to announce its annual soccer camp. Camp will be conducted by Tamara Hatfield (bio- [www.azsocceracademy.com](http://www.azsocceracademy.com)). Soccer players will receive a varied level of coaching instruction based on group skill level. Sessions will focus on building individual skills, self-confidence, and having FUN while learning the beautiful game of soccer.



## **SOCCER SHOOTING SESSION**

June 26 5:00pm-6:30pm Ages 10-16 \$40

## **BEGINNER LACROSSE**

July 2, 3, 5, & 6 9:00-10:30am Ages 6-14 \$90

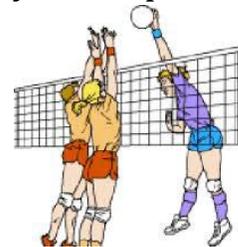
Meagan Clor is excited to return for another exciting year of lacrosse instruction. Lacrosse is known for being the fastest sport on two feet! In this camp you will learn how to properly catch, throw, and cradle a lacrosse ball in your stick. This lacrosse camp is geared towards players of all ability levels. We will also learn how to pick up ground balls, how to shoot on goal, and we will also be scrimmaging the last few days of the camp!



## **ADVANCED LACROSSE**

July 2, 3, 5, & 6 Ages 6-14 10:30am-12:00pm \$90

Advanced lacrosse camp, taught by Meagan Clor, is for kids who have already participated in the beginner lacrosse camp or have been on an organized lacrosse team in the past. You will learn how to properly play offense and defense while learning more technical skills that will help you to better understand the sport. The last day of camp will be a scrimmage game to show off the skills you have learned.



## **VOLLEYBALL**

July 9-12 10:00-11:30am Ages 9-16 \$90

Join Kendall Hospenthal for another summer of engaging volleyball instruction. During the 2018 volleyball camp, we will be getting to know the positions and jobs on the court, as well as understanding the fundamentals of serving, passing, setting, and hitting. We will learn how to communicate and work as a team while keeping a positive mindset and attitude on the court towards yourself and teammates. We will learn how to properly stretch to prevent injuries. And most importantly, we will learn all of these lessons through fun drills and games!



## **SCIENCE SPECTACULAR II**

July 16-19 9:30-11:00am Ages 7-14 \$90

The second science camp of the summer will be in the form of an Olympiad with multiple competitions, as well as many hands-on science experiments and demos. Our main focus will remain to have engaging activities to spark an interest and love for science for many years. Join Mr. and Mrs. Jones for a wonderful science experience!

## **JUNIOR GOLF SUMMER CAMP**

June 11-14, July 16-19, July 23-26 Ages 6-11 9:00-11:15am Ages 12-17 12:15-2:30pm \$125

These four-day camps are designed for beginner and intermediate level junior golfers and focus on full-swing, pitching, chipping, putting, the rules of golf, golf fitness, and course etiquette. Each golfer participant will receive hands-on instruction and information on how to develop their golf game so they can play on the course, play safely and play with etiquette. The cost per camp is \$125 which includes instruction and a tee gift from the Golf Shop.